

Counseling Services at Kanazawa University Health Service Center (KUHSC)

- In Response to the New Coronavirus Infection -

We, Kanazawa University Health Service Center, provide individual counseling services to those students who are in need of help with various challenges and issues that they come across in their academic and campus life. As one of the university organizations that support students to thrive in a healthy and fulfilling life, Health Service Center coordinate necessary services for the students in need through cooperating with outside providers and specialists in the community.

The following is what we urge you to read and understand in regard to how to utilize our services.

1. Typically, we see students in session once a week or every other week, while sessions could be done only once. Each Session takes 45 minutes long. Please consult with your counselor how you would like to continue or discontinue seeing him or her.
2. You are expected to make an appointment to meet with a counselor through phone or via email in advance. Session is mainly held through face-to-face or Zoom counseling, and phone counseling is also available depending on the situation.
3. If you don't connect with Zoom, take a call from a counselor, or come to the center, it will be canceled. No extension of time is allowed.
4. When using a telephone or Internet line, there are risks of information leakage due to unauthorized access; please use the latest version of OS and anti-virus software, and talk in a room where privacy can be ensured. Recording the sessions is not allowed.
5. When you need to cancel or change your existing appointments, let us know as your earliest convenience through phone to the center front desk (076-264-5255) or email to hokekan@kenroku.kanazawa-u.ac.jp.
6. If you wish to see another counselor, you could certainly ask your current counselor directly to do so, or call/email to the front desk.
7. Communication between a counselor and a client in the session is kept within the session and cannot be disclosed without the client's agreement; however, it may only be disclosed in cases of an immediate danger of serious harm to the client or someone else. In that case, we may contact your guardians or the persons concerned without your agreement.